

**A Profile of an  
East Hamilton Neighbourhood:  
The Foundation for Service Planning**

**September 2007**

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*Celebrating more than 40 Years  
of social development in Hamilton*

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## TABLE OF CONTENTS

INTRODUCTION.....	i
AGE DISTRIBUTION OF THE POPULATION .....	4
LOW INCOME HOUSEHOLDS .....	6
CONNECTION TO THE LABOUR MARKET .....	8
PERSONS WITH DISABILITIES .....	9
IMMIGRANT AND VISIBLE MINORITY POPULATION.....	10
LEVEL OF EDUCATION.....	11
COMMUNITY SUPPORTS AND SERVICES.....	12
REFERENCES.....	13
APPENDIX A: PROGRAMS AND SERVICES CURRENTLY OPERATING IN THE MISSION SERVICES TARGET AREA .....	14

## INTRODUCTION

The Social Planning and Research Council of Hamilton (SPRC) is a non-profit, registered charitable organization governed by a community-based Board of Directors. Our goal is to improve the quality of life for the citizens of Hamilton through strengthening the community's understanding of social problems, developing strategies and the community's capacity for addressing these problems, and assisting community groups to implement these strategies.

In July of 2007, Mission Services of Hamilton approached the SPRC with interest in developing a better understanding of a specific area in Hamilton's East end. The area's boundaries include Ottawa Street (to the West), Parkdale Avenue (to the East), Burlington Street (to the North) and Main Street (to the South). In terms of geographic units defined by Statistics Canada, the target area corresponds to an amalgamation of six census tracts (tracts 054, 055, 056, 057, 058, and 069). Census tracts are small, relatively stable geographic areas with a population between 2,500 and 8,000.

This short report provides a snapshot of the Mission Services target area, considering a range of population characteristics as well as community supports and services that are currently operating within those boundaries.

In terms of population characteristics, the report considers age distribution of the population, levels of education, immigrant and visible minority groups, persons with disabilities, and employment and income levels. The data presented was collected during the 2001 census conducted by Statistics Canada. While a more recent census was conducted in 2006, the full set of data will not be released until May of 2008.

With respect to community supports and services, the report includes a list and description of eighty-four agencies, programs/services and institutions that are based in this geographic area, including local schools and churches. The data was leased through Inform Hamilton, a not-for-profit agency that maintains a database of local community services.

The purpose of the report is to assist Mission Services with service planning. The analysis of population characteristics is useful in understanding needs of the community. Identifying what services and supports are currently available and geographically accessible to the population will help to avoid duplication of services.

## AGE DISTRIBUTION OF THE POPULATION

This section of the report provides a breakdown of the total population of Mission Services target area into selected age groups. This type of information is often useful in terms of service planning, specifically for youth and seniors.

Table 1 shows the population distribution by age groups for the Mission Services target area, based on the 2001 census. It is interesting to note that the distribution of age groups mirrors that of the Hamilton as a whole. This tells us that there are no over or under represented age groups within the Mission Services target area.

**Table 1: Population Distribution by Age Groups for the Mission Services Target Area (2001 Census)**

Age Group	Number of Individuals	Percentage of Population
Total	16,015	100 %
0 to 14 years	3,260	20 %
15 to 24 years	2,000	12 %
25 to 34 years	2,300	14 %
35 to 44 years	2,995	19 %
45 to 54 years	2,155	13 %
55 to 64 years	1,325	8 %
65 to 74 years	1,015	6 %
75 + years	955	6 %
Total 0 to 17 years	3,845	24 %
0 to 5 years	1,265	8 %
6 to 17 years	2,580	16 %

While the population residing in the target area represents a 'normal' age distribution, a couple of observations can be made. Children and youth (0 to 17 years) make up almost ¼ of the total population (3,845 individuals). At the other end of the age continuum, 12% or 2,010 individuals are over the age of 65. In terms of gender, Table 2 shows that women over the age of 75 (T = 630) outnumber men in this age group (T = 320) by almost 2 to 1.

**Table 2: Persons 65 years and Over by Gender for the Mission Services Target Area (2001 Census)**

<b>Age Group</b>	<b>Males</b>	<b>Females</b>
Total 65 years +	865	1,110
65 to 74 years	540	475
75 years +	320	630

While this is a natural phenomenon as women tend to outlive men, this age group tends to have high needs. Any efforts to address these needs should also consider how the needs of senior women are different from those of senior men.

## LOW INCOME HOUSEHOLDS

For the purposes of this report, the Statistics Canada Low-Income Cut-Off (LICO) will be used to measure the level of poverty in the Mission Services target area. The LICO measure is a relative measure of poverty introduced in Canada in 1968. When researchers or the media refers to “poverty lines” or “incidence of low-income”, they are generally referring to the LICO measure.

Basically, the LICO considers the average cost of basic necessities (including housing, food, and clothing) for different sized households in different sized communities. The measure then adds an additional 20% to determine the low-income cut-off for the specific group. Table 3 shows the LICO for a community the size of Hamilton by family size. For example, the LICO for a single person in Hamilton is \$16,160 annually.

**Table 3: LICO Levels for the City of Hamilton – 2001**

Family Size:	Low-Income Cut-Off
1 person	\$16,160
2 person	\$20,200
3 person	\$25,123
4 person	\$30,411
5 person	\$33,995
6 person	\$47,579
7+ person	\$41,163

Table 4 show the distribution of individuals by age groups living in low income households for the Mission Services target area. As the table shows, 27% of the population is living below the low income cut-off. This is substantially higher than the population of Hamilton as a whole, which was 20% at the time of the 2001 census.

While the rate of child poverty in the Mission Service target area is consistent with that of the city as a whole, these numbers should be of great concern. More than ¼ (26%) of children and youth under the age of 17 are living in low income households, with a total of 1,120 individuals. As we know from existing research, growing up in poverty can severely affect a child’s success in school and, consequently, their future success in the labour market.

**Table 4: Individuals Living in Low Income Households by age Groups for the Mission Services Target Area (2001 Census)**

Age Group	Number of Individuals	Percentage of Population
Total	4,250	27%
0 to 14 years	935	22%
15 to 24 years	650	15%
25 to 34 years	440	10%
35 to 44 years	630	15%
45 to 54 years	465	11%
55 to 64 years	405	10%
65 to 74 years	290	7%
75 + years	455	11%
Total 0 to 17 years	1,120	26%
0 to 5 years	390	9%
6 to 17 years	725	17%

Table 5 describes the proportion of low income households by household type. Household type, in this case, refers to families, either couples or lone parents versus unattached individuals. In terms of families, 22% of those living within the target area are living below the low income cut-off, compared to 16% for the city of Hamilton. It should also be noted that while the rate of poverty among all lone parent families is 51%, among lone parent families with children under 6 years (T = 195), 72% (T = 140) are living below the low income cut-off.

**Table 5: Low Income Households by Household Type for the Mission Services Target Area (2001 Census)**

Household Type	Number of Households	Number of Low Income Households	Percentage of Low Income Households
Families – Total	4,540	1,005	22%
Couple Families	3,945	700	18%
Lone Parent Families	595	305	51%
Unattached individuals	2,275	1,225	54%

Traditionally, unattached individuals report a disproportionately high rate of poverty, reflecting the challenge of running a household with a single income. For unattached individuals in the Mission Services target area, the rate of poverty (54%) is a full 8% higher than that of the city of Hamilton (46%).

## CONNECTION TO THE LABOUR MARKET

This section of the report examines the connection of residents to the labour market in the Mission Services target area versus the city of Hamilton as a whole. Specifically, we consider participation rate, employment rate and the unemployment rate.

Labour force participation refers to the proportion of the population 15 years and over, who are working or actively looking and available for work. Those not in the labour force includes stay-at-home parents, full-time students, persons with disabilities with barriers to employment and discouraged workers. As shown in Table 6, the participation rate for Mission Services Target Area (62%) is only 2% lower than for the City of Hamilton (64%).

**TABLE 6: Labour Market Characteristics in Hamilton versus the Mission Services Target Area – 2001 Census**

<b>Labour Market Characteristics</b>	<b>Hamilton</b>	<b>MS Target Area</b>
Participation in the labour force	64%	62%
Employment rate	94%	92%
Unemployment rate	6%	8%

The employment rate reflects the proportion of the total population, 15 years and over, that is employed at the time of the census. In the case of Mission Services Target Area versus Hamilton, Mission Services target area shows only a 2% difference at 92% than Hamilton as a whole at 94%.

With respect to unemployment, the unemployment rate refers to the proportion of individuals who are in the labour force, but who were not employed at the time of the census. As Table 6 shows, the unemployment rate in Mission Services target area (8%) is only slightly higher than the City as a whole (6%).

It is interesting to note that while the labour force participation and unemployment rates in Hamilton versus the target area are very similar, the rate of poverty in the target area is a full 7% higher. This suggests that the quality of employment secured by target area residents is lower, characterized by low wages and part-time, temporary and contract work. It is also important to note that this type of 'precarious employment' rarely offers benefits, which adds additional strain on individuals and families.

## PERSONS WITH DISABILITIES

According to the 2001 census, the number of persons self identifying as having some type of disability reflected 14% of the total population of Hamilton. As Table 7 shows, the proportion of persons with disabilities residing in the Mission Services target area is 50% higher at 21%.

**Table 7: Persons with Disabilities Residing in the Mission Services Target Area (2001 Census)**

<b>Age Group</b>	<b>Number of Individuals</b>	<b>Percentage of Population</b>
Total	3,290	21%
0 to 14 years	170	5%
15 to 29 years	375	12%
30 to 44 years	520	16%
45 to 59 years	910	28%
60 + years	1,340	41%

The high proportion of persons with disabilities living in the target area may be one factor in explaining the high rate of poverty. As described in the SPRC publication *Incomes and Poverty in Hamilton (2004)*, persons with disabilities face disproportionately high levels of poverty. In Hamilton, 30% of persons with disabilities live in poverty, compared to 20% for the population as a whole.

## IMMIGRANT AND VISIBLE MINORITY POPULATION

The City of Hamilton ranks 6 among medium to large urban areas in Canada, in terms of the proportion of foreign-born residents. However, at 17%, the Mission Services target area has a substantially lower immigrant population than Hamilton as a whole (25%).

Table 8: Immigrant Status by Period of Immigration for the Population 15 Years and Older in the Mission Services Target Area (2001 Census)

<b>Period of Immigration</b>	<b>Number of Individuals</b>	<b>Percentage of Population</b>
Total Immigrant Pop.	2,195	17%
Before 1950	150	7%
1950 to 1959	480	22%
1960 to 1969	360	16%
1970 to 1979	320	15%
1980 to 1989	465	21%
1990 to 1994	265	12%
1995 to 1999	140	6%

The area also has a disproportionately low proportion of individuals with visible minority status (5%), as compared to the City of Hamilton as a whole (11%).

## LEVEL OF EDUCATION

This section of the report considers the level of education among residents of the Mission Services target area. Table 9 compares the highest level of formal education attained among individuals 15 years and older in the City of Hamilton as a whole, to that of the target area.

**Table 9: Highest Level of Education Among Individuals 15 years and over in the City of Hamilton and the Mission Services Target Area (2001 Census)**

Level of Education	Hamilton	Target Area
Less than High School Graduation Certificate	34%	48%
High School Graduation Certificate	26%	28%
Trades Certificate or Diploma	10%	11%
College Certificate or Diploma	16%	10%
University Certificate, Diploma or Degree	15%	3%

The most dramatic observation from the table is the number of individuals who have not completed high school. While 34% of Hamilton residents do not possess a high school graduation certificate, this number is 15% higher for the target area (48%).

At the other end of the spectrum, 31% of Hamilton residents have earned a college diploma or university degree. In the target area, this number drops to 13%.

## COMMUNITY SUPPORTS AND SERVICES

According to data leased from Inform Hamilton, a not-for-profit agency that maintains a database of local community services, there are eighty-four community supports and services currently operating in the Mission Services target area (see APPENDIX A for a complete list of programs and services, with a detailed description of each). It is important to note that this total includes both schools (6) and churches (15) located in the target area, as they are often seen as neighbourhood hubs, providing formal or informal supports outside their primary mandate.

Aside from schools and churches, programs and services operating in the target area primarily focus on three areas:

Child and youth services – there are 29 programs and services that support children and youth including child care services, sports and recreation programs, education and life skills programs, counseling services, day camps and drop-in's.

Services for seniors – there are 9 programs and services that support seniors including housing services, sports and recreational programs, and social programs.

Social/cultural programs – there are 8 social/cultural programs operating in the target area, that primarily target cultural groups of Eastern European origin. These groups create important social networks, promote cultural heritage and address other needs identified by the community.

There are also a number of multi service organizations operating in the target area that provide a range of supports including access to food, clothing and furniture, counseling services and other general supports. These agencies are operated primarily by Kiwanis, Goodwill the Amity Group, and Café Adonai, a Christian charitable organization.

Other agencies operating in the Mission Services target area include public libraries, policing and legal services, environmental services and labour organizations. It is important to note that while the programs and services outlined in this section of the report are geographically located within the target area, they are generally accessible to the broader community.

While a number of community services and programs are operating within the target area, it is beyond the scope of this report to determine the degree to which needs are being met or where gaps in service exist. In terms of service planning, it is recommended that once a service area is identified, further analysis should be undertaken. This should include consultation with existing service providers, as well as the target population of the program or service.

## REFERENCES

Inform Hamilton (2007) *Inventory of Programs and Services Operating in the Mission Service Target Area*. Copyright: Community Information Hamilton.

Fraser, Mark (2004). *Incomes and Poverty in Hamilton*. Social Planning and Research Council of Hamilton

Statistics Canada (2001) *2001 Census Data*. Accessed through Beyond 2020 software.

## **APPENDIX A**

### **Programs and Services Currently Operating in the Mission Services Target Area**

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Abington Court Retirement Residence</b>	1500 Main St E Hamilton, ON L8K 1E1	A Retirement residence accommodating both independent and assisted living.	
<b>Arborcare Bereavement Support</b>	151 Ottawa St North Hamilton, ON L8H 3Z2	<p>This community Bereavement Service is available free of charge to individuals and groups. Arborcare support includes a complimentary Bereavement Resource Packet of helpful information to meet specific needs. Arborcare is available from The L.G. Wallace and Dodsworth and Brown funeral homes:</p> <ul style="list-style-type: none"> <li>• Ancaster Chapel, 378 Wilson St, Ancaster 905-648-3852</li> <li>• Robinson Chapel, King St E (at Wellington), Hamilton 522-2496</li> <li>• L.G. Wallace Funeral Home, 151 Ottawa St N, Hamilton 905-544-1147</li> </ul> <p>While the best type of intervention for bereaved individuals has not been proven, there is evidence to suggest there are long term benefits from the participation of the bereaved in some type of Grief Support. "We cannot change what has happened" but we can help you discover new ways of managing your loss. The group is professionally led.</p>	Ages: 6 year(s) and up
<b>Assumption of the Blessed Virgin Mary - Slovak Byzantine Catholic Church</b>	1406 Barton St East Hamilton, ON L8H 2W5	The Slovak Byzantine Catholic Rite is one of twenty-one Eastern Rites under Rome. The patron saints are Sts. Cyril and Methodius and our Eparchy (Diocese) in Canada is called "The Slovak Eparchy of Sts. Cyril and Methodius". John Paul II often referred to the Catholic Church as breathing with both lungs, the east and the west. The Latin or Roman Catholic Rite and the twenty-one Eastern Rites, make up both lungs of the Catholic Church.	

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Cafe Adonai</b>	40 Kenilworth Ave North Hamilton, ON L8H 4R3	Café Adonai is a Christian, non-denominational charitable organization which is dedicated to meeting the needs of the local community. There are various arms of the ministry which include: <ul style="list-style-type: none"> <li>• Advocacy and Counselling</li> <li>• Family Help Bank</li> <li>• Free Meal Nights</li> <li>• Biblical Counselling &amp; Training</li> <li>• Bible Study for youth ages 4-14</li> <li>• Musical Arts Coaching</li> </ul>	Available to anyone in need on a low income.
<b>Canadian League of Ukrainians In Canada Hamilton Branch</b>	241 Kenilworth Ave North Hamilton, ON L8H 4S4	This is a social group for Ukrainians.	Ages: 18 year(s) and up Adults
<b>Centre Mall Walking Program</b>	1227 Barton St East Hamilton, ON L8H 2V4	Walk your way to fitness in a safe, climate-controlled environment. Participants are invited to register for this free program at the Customer Service Centre located in Centre Mall.	Ages: 18 year(s) and up
<b>Community Action for Parkdale East Hamilton East Community Reuse Association Inc</b>	703 Burgess Ave Hamilton, ON L8H 6J3	A group of residents in the area of E Parkdale, north of King to Industrial Drive, who will discuss community problems in the area concerning environment, health, and safety. The Hamilton East Community Reuse Association Inc was set up to open a reuse community Centre in the area.	
<b>Crown Point Neighbourhood Association</b>	199 Grenfel St Hamilton, ON L8H 3J5	The Council runs children's clubs twice a week, also runs a breakfast program.	Ages: 6 year(s) and up Children's programs
<b>East Hamilton Spiritual Church Spiritualist Church of Canada</b>	83 Ottawa St North Hamilton, ON L8H 3Y9	Spiritual church. <a href="http://www.spiritualistchurchofcanada.com">www.spiritualistchurchofcanada.com</a>	
<b>Environment Hamilton</b>	1130 Barton St East, Ste 207 Hamilton, ON L8H 7P9	Environment Hamilton (EH) was incorporated as a not-for-profit organization in 2001 with a central mandate to facilitate the ability of people in the Hamilton area to develop the knowledge and skills they need to protect and enhance the environment around them.	Adults, Seniors, Youth

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Environment Hamilton Climate Change Challenge</b>	1130 Barton St East, Ste 207 Hamilton, ON L8H 7P9	Environment Hamilton (EH) latest project is the Climate Change Challenge. The program is going door to door in Hamilton neighbourhoods and dropping off a pledge brochure inviting residents to take part in the challenge by reducing their personal greenhouse gas emissions. Residents who wish to take part will receive energy saving kits for the challenge. A series of workshops will be running in the fall of 2007, which will teach practical response to climate change. Workshops will include ways to save energy in the home, rain barrel making, eating locally and many more.	Adults, Seniors, Youth
<b>Environment Hamilton Hamilton Eat Local</b>	1130 Barton St East, Ste 207 Hamilton, ON L8H 7P9	<p>Hamilton Eat Local works to promote a sustainable food system in the City of Hamilton. The objectives of the program are to:</p> <ul style="list-style-type: none"> <li>• create a more supportive environment for local farmers and urban growers</li> <li>• assist and encourage Hamiltonians to eat more locally produced food</li> <li>• improve food knowledge and skills in the community</li> <li>• empower people to utilize neglected food sources</li> </ul> <p>The project includes:</p> <ul style="list-style-type: none"> <li>• Hamilton Urban Growers - supports and promotes sustainable food production within the City of Hamilton's urban boundaries, by facilitating the exchange of practical gardening knowledge, skills and resources</li> <li>• Fruit Tree Project - volunteers pick neglected backyard fruit trees, keeping some of the fruit for themselves and sharing the rest with local food agencies and tree owners</li> <li>• Local Food Directory - helps people to identify where they can go to buy locally grown food</li> </ul>	

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Faith Baptist Church Hamilton</b>	92 Parkdale Ave North Hamilton, ON L8H 5W9	Baptist Church. Children School available during service hours.	
<b>First Church of the Nazarene</b>	92 Ottawa St North Hamilton, ON L8H 3Z1	Church	
<b>Fondi Social Club</b>	1184 Barton St East Hamilton, ON L8H 2V7	A social club representing the town of Fondi in Italy.	Ages: 18 year(s) and up
<b>Garside Bible Church</b>	Box 3203, Stn C Hamilton, ON L8H 7K6	Member of the Associated Gospel Churches	
<b>Goodwill the Amity Group Amity Store Ottawa Street Location</b>	34 Ottawa St North Hamilton, ON L8H 3Y7	The Federal Government permits Amity Goodwill Industries to issue receipts for income tax purposes for items of value. An interim tax credit will be issued when donations are made. Once the donated goods have been evaluated by a qualified appraiser, an official tax receipt will be mailed. Tax receipts may be issued for the following items: Clothing: clothing must be in very good condition to qualify for a tax receipt. Furniture: Furniture in good saleable condition. No rips, stains or repairs needed. We only provide tax receipts on clothing and furniture.	
<b>Hamilton and District Labour Council</b>	1130 Barton St E, Ste 210 Hamilton, ON L8H 7P9	The Labour Council is a Canadian Labour Congress Council chartered organization charged with the duties of dealing with matters concerning local government, municipal councils and local boards and commissions. The Labour Council provides the means to bring together local unions to enable labour to play a more significant role in the community.	Labour Union Locals chartered by the Canadian Labour Congress

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Hamilton East Kiwanis Boys and Girls Club</b>	45 Ellis Ave Hamilton, ON L8H 4L8	The Hamilton East Kiwanis Boys' and Girls' Club provides barrier-free recreational and social development programs for children, youth, and their families. The primary mission of the Boys' and Girls' Club is to encourage each member to develop to the fullest of his or her potential. The Club provides an atmosphere whereby members can be given a chance to help develop self-esteem, a sense of belonging, a concern for others, and a desire to be responsible and productive citizens. An Ontario Early Years Centre is also on site with free programs available for children aged 0-6 and their families.	Adults, Seniors, Youth, Infants, Toddlers, Children
<b>Hamilton East Kiwanis Boys and Girls Club Childrens Programs</b>	45 Ellis Ave Hamilton, ON L8H 4L8	A well-rounded program for children and youth of all ages. Programs include arts and crafts, aquatics, gymnastics, volleyball, basketball, baseball, soccer, ball hockey, judo, karate, water aerobics, drama, leadership programs, educational scholarships, youth employment programs, outdoor adventure programs, cooking classes, dance, drum corps, cheerleading, computer classes and Red Cross babysitting course. K-Shuttle Busing Program - Funded by the Hamilton Community Foundation. Provides free transportation to and from the Boys' and Girls' Club from different area schools on a weekly basis throughout the school year. Upon arrival at the Club, children ages 7 - 13 years will have access to the Games Room, Gymnasium, Creative Room, Computer Room, Open Swim, Homework Club and special events. Call for details for specific times.	Ages: 3 year(s) - 15 year(s) Ages vary per program. Call for details.
<b>Hamilton East Kiwanis Boys and Girls Club Community Access Program</b>	45 Ellis Ave Hamilton, ON L8H 4L8	The Community Access Program (CAP) is part of Industry Canada's program to make Canada the most connected country in the world. Thanks to funding from Industry Canada, the Hamilton East Kiwanis boys' & Girls' Club has opened a public internet access location at 45 Ellis Avenue. The goal is to provide the general public with free Internet access to be used as a resource for job searches or to improve their Internet skills. Along with Internet access, there are also scanners and a laser printer. All these services are provided free of charge.	Ages: 16 year(s) and up

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Hamilton East Kiwanis Boys and Girls Club Day Camp Programs</b>	45 Ellis Ave Hamilton, ON L8H 4L8	<p>Note: This program operates only at specific times of the year. Check with the organization for current information about dates of operation! March Break Camp and Summer Camp programs are available at this location. SUMMER DAY CAMP:</p> <ul style="list-style-type: none"> <li>• Day Camp Registration forms will be accepted as of March.</li> <li>• All forms received between Mar 1 - 31st will be considered equal and processed during the first three(3) weeks of April. Please note that spaces are limited. Parents/Caregivers will be notified by the end of April if their registration has been accepted</li> <li>• Child must be a Boys' and Girls' Club Member MARCH BREAK CAMP:</li> <li>• Day Camp Registration forms will be accepted as of January.</li> <li>• All forms received between Jan 2 - 31st will be considered equal and processed during the first two(2) weeks of February. Please note that spaces are limited.</li> <li>• Child must be a Boys' and Girls' Club Member For further details please contact the Club</li> </ul>	Ages: 5 year(s) - 12 year(s)

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<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Hamilton East Kiwanis Boys and Girls Club Kiwanis Adult Day Program</b>	45 Ellis Ave Hamilton, ON L8H 4L8	<p>The Kiwanis Adult Day Program offers:</p> <ul style="list-style-type: none"> <li>• Recreational, social, physical and intellectual programs as well as support with personal care needs (i.e.: toileting, medication reminders, etc...) in a supported and safe environment</li> <li>• Hot Meals and Refreshments provided daily</li> <li>• Meaningful small group activities to enhance clients quality of life and well-being</li> <li>• Intergenerational Activities</li> <li>• Aquatics and Modified Exercise Program</li> <li>• Registered nurse visits for foot care</li> <li>• Support and Respite for Caregivers</li> <li>• Guest Speakers and Special Events/Outings monthly</li> <li>• Transportation available through DARTS and Red Cross</li> <li>• Subsidy available for those who qualify</li> </ul>	<ul style="list-style-type: none"> <li>• Frail Older Adults; Adults with a progressive cognitive disorder, Alzheimer's disease or dementia; or Adults with an acquired brain injury</li> <li>• Frail older adults who are frail and are unable to participate in programs for the well elderly, who may be socially isolated, who are in need of support with personal care or have a medical condition such as: Alzheimer's Disease, Stroke, Parkinson's Disease, Multiple Sclerosis, Diabetes or other conditions.</li> </ul>
<b>Hamilton East Kiwanis Boys and Girls Club Teen Zone</b>	45 Ellis Ave Hamilton, ON L8H 4L8	This drop-in program offers teens a place to shoot pool, play computer and video games, watch movies, listen to guest speakers and relax with friends. The centre is operated by the Hamilton East Kiwanis Boys' and Girls' Club.	Ages: 13 year(s) - 18 year(s) Youth
<b>Hamilton Public Library Kenilworth Branch</b>	103 Kenilworth Ave North Hamilton, ON L8H 4R6	This is the Kenilworth Branch of the Hamilton Public Library.	

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Hamilton Public Library Kenilworth Branch Courage Collection</b>	103 Kenilworth Ave North Hamilton, ON L8H 4R6	Over the years, since the inception of The Child Abuse Council, thousands of children, families, community members and professionals have contacted the agency for a variety of service requirements. Consequently, in response to the resource needs of the large number of children, individuals and families receiving services, the training required of volunteers and group facilitators, daily requests for information from professionals, referring agencies and the general public, a new community based initiative has been undertaken. The Child Abuse Council has partnered with the Hamilton Public Library to create a fully accessible, specialized collection of resource materials. These resources include information and reference books, children's and youth storybooks, videos, manuals, audiotapes, self-help tools and other educational materials dealing with matters such as childhood traumas, recovery and healing issues, and adult survivor topics. The collection, which has been named "The Courage Collection", is housed on the second floor at the Kenilworth Library Branch of the Hamilton Public Library. The collection is equipped with a television, VCR, a computer, worktables and comfortable seating. Materials in the collection are available to everyone in Hamilton and surrounding areas through the use of their library card and the inter-library loaning option. Consequently, many people will have access to a wealth of valuable information to make use of either at the Kenilworth Library site, their work place or in the privacy of their own home. The initiation of this community-focused project has been made possible by a \$10,000.00 grant from a private family Foundation. Any support and/or donation towards sustaining The Courage Collection would be appreciated. For further information or enquiries about The Courage collection please contact The Child Abuse Council office at 905-523-1020.	

<b>Programs and Services Currently Operating in the Mission Services Target Area</b>			
<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Hamilton Wentworth Catholic District School Board Holy Family Elementary School</b>	190 Britannia Ave Hamilton, ON L8H 1X5	Catholic Elementary School. Gr JK-8	Ages: 4 year(s) and up Child must be turning 4 by the end of December that school year to register to start in JK.
<b>Hamilton Wentworth District School Board (The) Delta Secondary School</b>	1284 Main St E Hamilton, ON L8K 1B2	Secondary School Gr 9-13	Ages: 14 year(s) and up
<b>Hamilton Wentworth District School Board (The) Parkdale Elementary School ( JK-5)</b>	139 Parkdale Ave North Hamilton, ON L8H 5X3	Elementary School Gr JK-5	Ages: 4 year(s) - 11 year(s)
<b>Hamilton Wentworth District School Board (The) Queen Mary Elementary School (JK-8)</b>	1292 Cannon St East Hamilton, ON L8H 1V6	Elementary School Gr JK-8	Ages: 4 year(s) and up Child must be 4 yrs by December of the school year attending to be registered for JK
<b>Hamilton Wentworth District School Board (The) Sir Winston Churchill Secondary School</b>	1715 Main St E Hamilton, ON L8H 1E3	Secondary School Gr 9-13	Ages: 14 year(s) and up
<b>Hamilton Wentworth District School Board (The) W H Ballard Elementary School</b>	801 Dunsmure Rd Hamilton, ON L8H 1H9	Elementary School Gr JK-8	Ages: 4 year(s) and up

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<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Hamilton. Emergency Services Department Hamilton Police Service Community Policing Centres Centre Mall Policing Centre</b>	1227 Barton St East Hamilton, ON L8H 2V4	This Policing Centre provides childfind fingerprinting; lend out engraver for operation identification; accepts police reports for minor incidents; the centre has many pamphlets on crime prevention, safety and drugs etc. This centre will inspect baby car seat installations by appointment	
<b>Hamilton. Public Health Services Healthy Living Division Head Lice Services for Children and their Families Hamilton East Kiwanis Boys and Girls Club Location</b>	71 Main St W Hamilton, ON L8P 4Y5	The Head Lice Services for Children and their Families Program provides the following service: <ul style="list-style-type: none"> <li>• Screening (head checks)</li> <li>• Treatment demonstrations</li> <li>• Low cost medicated shampoo and comb</li> <li>• Information provided by a public health nurse</li> <li>• Time to talk to other parents</li> <li>• Bus tickets</li> <li>• Snacks</li> </ul>	Ages: 18 year(s) and under For children and their families.
<b>Holy Family Roman Catholic Church</b>	1393 Cannon St East Hamilton, ON L8H 1W2	Catholic church	
<b>Jesus Is Alive Community</b>	437 Ottawa St North Hamilton, ON L8H 4A2	Non-denominational church	
<b>Kids 'N' Quarks Science and Engineering Camp Day Camp Programs Hamilton Location</b>	32 Newark Ave Hamilton, ON L8K 3Y6	Kids 'N' Quarks is a summer science and engineering day camp. At Kids 'N' Quarks the program sheds new light onto the science curriculum children learn in school through hands-on, exciting, and creative experiments and activities.	Ages: 8 year(s) - 12 year(s)
<b>Kiwanis International Greater Hamilton Branch</b>	45 Ellis Ave Hamilton, ON L8H 4L8	Service to the community, giving assistance to many appropriate charitable needs.	Requests for individual assistance are handled by the grants committee.
<b>Laidlaw United Church</b>	155 Ottawa St North Hamilton, ON L8H 3Z2	United church	

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<b>Little Bethel Community Church</b>	320 Paling Ave North Hamilton, ON L8H 5J9	Baptist Church	
<b>Lord's Ministry House - Church (The)</b>	1393 Main St E Hamilton, ON L8K 1B9	A Non-denominational Christian church. Focus on teaching the Word of God: Fear of the Lord, Holiness, and how to walk in faith and overcome every time.	
<b>McQuesten Legal and Community Services</b>	1440 Main St E Hamilton, ON L8K 6M3	McQuesten Legal and Community Services provides legal information, advice and advocacy to the local community. Services include: <ul style="list-style-type: none"> <li>• Confidential legal information is provided by telephone and by personal interview in the following areas of law: <ul style="list-style-type: none"> <li>○ Tenant Protection Act</li> <li>○ Consumer Protection/Debt and Credit</li> <li>○ Ontario Works/Ontario Disability Support Program</li> <li>○ Employment Insurance</li> <li>○ Workplace Safety and Insurance Board (formerly Workers' Compensation)</li> <li>○ Employment and Labour (non-unionized)</li> <li>○ Human Rights</li> <li>○ Criminal Injuries Compensation Board.</li> <li>○ Canada Pension Plan</li> </ul> </li> <li>• Legal representation in the above areas of law is provided to individuals and groups living in the City of Hamilton who meet the financial eligibility requirements.</li> <li>• Legal education programs are provided upon request to groups interested in learning more about a particular area of law.</li> <li>• In addition to the legal component, the Community Development Coordinator provides groups with expertise in organizing and resources, and assists with community projects.</li> </ul>	Ages: 16 year(s) and up
<b>Naval Veterans Association</b>	108 Parkdale Ave North Hamilton, ON L8H 5W9	To unite all members, Naval Veterans, in a good bonding friendship. They provide services and information to needy members.	
<b>Ontario Early Years Centre Hamilton East</b>	45 Ellis Ave Hamilton, ON L8H 4L8	The Ontario Early Years Centres in Hamilton strive to work with parents, caregivers and the community to:	Ages: 6 year(s) and under Adults, Infants,

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<b>Riding Hamilton East Kiwanis Boys and Girls Club Lead Centre - Brighter Futures Location</b>		<ul style="list-style-type: none"> <li>Promote children's optimal development and readiness to learn which will assist children to reach their fullest potential</li> <li>Create an environment where all children are safe and secure within our communities.</li> </ul> <p>The vision for Hamilton's Early Years Centres is to create a welcoming and accessible environment for all parents and caregivers. The Early Years Centres allow parents and caregivers to acquire information, resources and support they need to ensure that all children have the best possible start in life, and provide a place where parents, grandparents, caregivers and children six years of age and younger play and learn together. Major Services:</p> <ul style="list-style-type: none"> <li>Early Learning Activities - through programs such as interactive play</li> <li>Parent Resources and Education - through workshops, written information, staff guidance and other parent education initiatives</li> <li>Pre- and Post-natal Resources and Information - through partnerships with Public Health and information available on site.</li> <li>Information About Links to Other Early Years Services - parents and caregivers will be able to access information about all Early Years and related services available in Hamilton through a partnership with Community Information Hamilton, Child Care Information Hamilton and Inform Hamilton.</li> <li>Early Literacy Programs - work with staff, families and caregivers to strengthen children's reading readiness, listening and language skills.</li> <li>Outreach Services - take Early Years programs into communities where transportation or distance presents challenges. In Hamilton there will be traveling programs for</li> </ul>	Toddlers, Children, accompanied by parents, grandparents or caregivers

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		<p>people who cannot get to an Early Years Centre and neighbourhood sites so you can get to Early Years programs close to where you live.</p> <ul style="list-style-type: none"> <li>• Speakers Bureau - a program where educational opportunities are made available to parents and caregivers to learn more about being a parent, raising a family and keeping your children safe and healthy.</li> <li>• Volunteer Coordination - provides opportunities for well trained volunteers to contribute to the work of Early Years Centres and to support the development of Early Years Services in communities.</li> <li>• Data Gathering and Monitoring - will be an important part of the Early Years Services. It will help to ensure that the programs and services offered at the Early Years Centre are effective and responsive to the children, families and caregivers who visit.</li> </ul> <p>For more information you can visit the Ontario Early Years website at <a href="http://www.ontarioearlyyears.ca">www.ontarioearlyyears.ca</a> Toy lending library services are available at this location. This site offers French Language Services once a month. For French services on a regular basis please contact the "Coin de la Famille" at the Francophone Community Health Centre at 905-528-0163 or access their website at: <a href="http://www.centredesantecommunautaire.com">www.centredesantecommunautaire.com</a> Ce site offre des programmes en francais une fois par mois. Des services reguliers sont offerts au "Coin de la famille" au Centre de Sante communautaire. Pour plus d'information veuillez contacter 905-528-0163 ou leur site web: <a href="http://www.centredesantecommunautaire.com">www.centredesantecommunautaire.com</a> This site offers Aboriginal programming once a month. For more information on Aboriginal services in the City of Hamilton contact the "Niwasa Early Learning and Outreach Program" at 905-549-4884.</p>	

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<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>Optimist International Optimist Club of Hamilton East Christmas Toy Drive Christmas Miracle</b>	344 Weir St Hamilton, ON L8H 5G7	NOTE: Program only available during the Christmas season THE FOLLOWING IS FOR DONATIONS ONLY Donations of new unwrapped toys and/or clothing for children (special requests for toys are no longer handled). There is also a big demand for new clothing for "YOUTH" up to 17 years of age (e.g. new jeans, tops, sweaters etc.). Money is also appreciated to buy gifts. (gifts are bought for approximately 8,000 kids) Drop-off spots commence in Nov 19, 2005 at: <ul style="list-style-type: none"> <li>• Eastgate Square (near Santa's Village)</li> <li>• Lime Ridge Mall (near Santa's Village)</li> <li>• Centre Mall (near Santa's Village)</li> <li>• Gemini Ford at the corner of Nash Rd &amp; Queenston DOES NOT HANDLE INDIVIDUAL REQUESTS. Gifts are distributed to charitable organizations (e.g. Salvation Army, Big Sister etc.)</li> </ul>	Ages: 17 year(s) and under
<b>Ottawa Street Business Improvement Area</b>	242 Ottawa St North Hamilton, ON L8H 3Z7	The Ottawa Street B.I.A. is in Hamilton's east-end and is bounded by Main and Barton Streets. The Ottawa Street B.I.A. offers a one-stop shopping experience for home decorating needs and is well known for its array of fabric stores. The B.I.A. hosts a number of special events including an annual street festival held in September.	
<b>Primera Iglesia Bautista Hispana Spanish Church</b>	84 Megna Crt Hamilton, ON L9C 6Y8	Weekly worship services are offered to the Spanish-speaking community.	
<b>Queenston Rent Alls Toddler Car Seats Program</b>	96 Parkdale Ave North Hamilton, ON L8H 4W9	Usually, there is no waiting list. Rent out toddler (20 - 40 lbs ) car seats. Rental fee is \$10.00 per day; \$24 per week; \$42 per month.	Ages: 18 year(s) and up Adults; Parents; Caregivers
<b>Royal Canadian Legion Branch 58</b>	1180 Barton St East Hamilton, ON L8H 2V7	To help veterans. There is a senior's club on which meets at noon on Wednesday.	This Legion provides individual assistance to veterans in need
<b>Royal Canadian Legion Branch 58 Ladies Auxiliary</b>	1180 Barton St East Hamilton, ON L8H 2V7	The Ladies Auxiliary assists the Royal Canadian Legion, Branch 58.	

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<b>Royal Hamilton Light Infantry Senior Citizens</b>	1353 Barton St East Hamilton, ON L8H 2W2	This club is open to senior citizens in the community and is affiliated with the R.H.L.I. veterans. Activities include movies, euchre, speakers, bingo, fitness, dances, carpet bowling, shuffleboard and trips. This is a very active organization which has several open tournaments.	
<b>Salem Gospel Mission International Church</b>	185 Ottawa St North Hamilton, ON L8H 3Z4	Christian Missionary Alliance Church	
<b>Serbian Chetniks Ravna Gora Hamilton Chapter</b>	1415 Barton St East Hamilton, ON L8H 2W6	Cultural, political and social organization who fought under General Mihajlovic during World War II against the Nazi and Communists. Dances and picnics are held as well as a celebration in memory of their leader General Mihajlovic.	Serbians who are democratic.
<b>Serbian Circle Sisters</b>	1415 Barton St East Hamilton, ON L8H 2W6	Women's organization within St Nicholas Serbian Orthodox Church provides financial, moral and physical support to church. Group prepares all banquet, caters and plans various dances and events, purchases materials and merchandise for church and hall, wedding and funeral services and fund raising	
<b>Serbian League of Canada</b>	335 Britannia Ave Hamilton, ON L8H 1Y4	Canada-wide National organization founded to preserve and protect Serbian heritage and language in Canada. The League publishes The Canadian Srbobran (Kanadski Srbobran) newspaper, publish and collects books, and holds an annual Serbian Day Festival, gathering more than 10,000 people in Binbrook, near Hamilton, on the first Sunday in July every year.	
<b>Shriners Club of Hamilton</b>	82 Melvin Ave Hamilton, ON L8H 2J5	World's greatest philanthropy. Assistance to Orthopedic and Burns Hospital, Orthopedic problems. Principal assistance is to hospitals.	Individual assistance for children up to age 19 yrs would only be given if sponsored by a shriner.
<b>St Alban the Martyr Anglican Church</b>	200 Cope St Hamilton, ON L8H 5B4		
<b>St Columba Presbyterian Church</b>	1540 Main St E Hamilton, ON L8K 1E3	Presbyterian church	

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<b>St Pauls United Church Hamilton</b>	42 Tragina Ave North Hamilton, ON L8H 5C5	United Church, ALPHA course available	
<b>Teamsters Retirees</b>	460 Parkdale Ave North Hamilton, ON L8H 5Y2	Members of this club enjoy activities such as dances, trips, and picnics.	For retired Teamsters only
<b>Ukrainian Cultural Centre</b>	239 Kenilworth Ave North Hamilton, ON L8H 4S4	Operate a community centre to promote and foster Ukrainian culture and to provide cultural and social entertainment for its members. Runs a weekly seniors meeting.	
<b>Ukrainian National Federation of Hamilton Ltd</b>	170 Parkdale Ave North Hamilton, ON L8H 5X2	To unite Canadians of Ukrainian ancestry and their families in order to make them conscious of their Ukrainian and Ukrainian Canadian heritage. To promote responsible citizenship. To advance Ukrainian culture in Canada through cultural, educational, publishing and leadership training activities. To advance the cause of human and national rights in the Ukraine. To promote charitable assistance to the needy.	
<b>Ukrainian Youth Association</b>	239 Kenilworth Ave North Hamilton, ON L8H 4S4	Dancing group, group activities and language instruction. History, geography, and culture of the Ukraine is taught as well.	
<b>United Ukrainian Credit Union Ltd</b>	1252 Barton St East Hamilton, ON L8H 2V9	Provides financial services to the Ukrainian community.	Ukrainian
<b>Woodview Childrens Centre Hamilton Programs Hamilton Day Treatment Adolescent Day Treatment</b>	1284 Main St E, Rm 305, 306 & 307 Hamilton, ON L8K 1B2	This program combines education and therapy for 13-16 year old students who may be experiencing pronounced behavioral problems, academic underachievement, family problems and limited social skills. The program is for students who have the potential/motivation to rehabilitate themselves. The program at Delta Secondary is for full day students only.	Ages: 13 year(s) - 16 year(s)
<b>Young At Heart Hamilton</b>	1180 Barton St East Hamilton, ON L8H 2V7	The seniors at this club play euchre and bingo.	

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<b>YWCA Hamilton Ottawa Street Branch</b>	52 Ottawa St N Hamilton, ON L8H 3Y7	The Hamilton Young Women's Christian Association (YWCA) is a voluntary women's membership organization, which provides high quality programs and services that respond to community needs, and works actively for the development and improved status of women and their families, and for responsible social and economic changes that will achieve peace, justice, freedom and equality in Canada and around the world. The Hamilton YWCA is all about being happy! It's about being active and feeling good about yourself - whatever your age. It's a place where toddlers explore and play; where kids learn to swim and develop new interests; where adults get active and seniors enjoy fun and friendship; and where families enjoy themselves and each other. The YWCA is a special place where everyone can gather to meet old friends or make new ones. The YWCA offers quality programs for all ages: <b>PRE-SCHOOLERS:</b> Kindergym; Junior Gym; Aquakids Swim Lessons; Kidnastics; Dance; Kiddie Corner; Toddlertime; Playschool; Play and Learn; Imagination Land; Pottery; Childcare, etc. <b>KIDS:</b> Aquaquest Swim Lessons; Gymnastics; Karate; Pottery; Synchro Swim; Day Camps; Babysitter Training; Leaders-In-Training Course; PD Day Fun <b>ADULTS:</b> Full Facility Adult Fitness; Fitness Centre; Aquapass; Aerobic Pass; Yoga; Karate; Pottery; Ballet; Self Defense; Renew; Dance and Be Fit; Swim Lessons; CPR; First Aid, etc. <b>SENIORS:</b> Aerobics; Swimming; Crafts; Dance; Euchre; Knitting; Billiards, etc. Other programs include Childcare; Women's Residence; Special Needs Programs; and Services for the Developmentally Handicapped.	Adults, Seniors, Youth, Infants, Toddlers, Children

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<b>YWCA Hamilton Ottawa Street Branch Childrens Programs Preschool Kids and Youth Programs</b>	52 Ottawa St N Hamilton, ON L8H 3Y7	The Hamilton Young Women's Christian Association (YWCA) provides the following children's programs: <b>PRE-SCHOOLERS:</b> <ul style="list-style-type: none"> <li>• Kindergym (Ages 6 mths - 3 yrs)</li> <li>• Kidnastics (Ages 3 - 5 yrs)</li> <li>• Kinderjazz (Ages 3 - 5 yrs)</li> <li>• Play and Learn (Ages 3 - 5 yrs)</li> <li>• Aquakids Swim Lessons (Ages 3 - 5 yrs)</li> <li>• Toddler Time (Ages 18 mths - 3 yrs)</li> <li>• Kinder Camp (Ages 3 - 5yrs) <b>KIDS:</b></li> <li>• After school Club (Ages 5 &amp; up)</li> <li>• Gymnastics (Ages 5 - 12 yrs)</li> <li>• Karate (Ages 5 &amp; up)</li> <li>• Saturday Afternoon Kid's Club (Ages 5 - 12 yrs)</li> <li>• Teen Weight Training</li> <li>• Leader in Training</li> <li>• Trampoline</li> <li>• Swimming Lessons</li> <li>• Open Swims</li> </ul>	Ages: 0.6 year(s) - 12 year(s) Adults, Seniors, Youth, Children, Toddlers, Infants
<b>YWCA Hamilton Ottawa Street Branch Day Camp Programs</b>	52 Ottawa St N Hamilton, ON L8H 3Y7	March Break Camp, P A Day Camp, Summer Camp and Winter Break Camp programs are available at this location. <b>SUMMER CAMP: ACTIVE Kid's Programs include:</b> <ul style="list-style-type: none"> <li>• Kinder Camp (3 - 5yrs)</li> <li>• Starters (5 - 7 yrs)</li> <li>• Juniors (8 - 10 yrs)</li> <li>• Seniors (11 - 14 yrs)</li> <li>• Great Outdoors Camp</li> <li>• Soccer Camp</li> <li>• Dramatic Arts Camp Training</li> </ul> <b>Opportunities:</b> <ul style="list-style-type: none"> <li>• Red Cross Babysitter Training</li> <li>• People Savers</li> <li>• Leaders in Training (13 - 15 yrs) Helping Hands - Special Needs (4 - 13 yrs): The Helping Hands program offers 1:1 support for children with physical and developmental disabilities. Children in this program receive 1:1 support from trained staff while being fully integrated into the counselor group. 1:1 support facilitates friendships, skill development and independence while attending to the personal care and safety needs of the children. <b>WINTER, MARCH BREAK AND PA DAY CAMPS: (5 - 12 yrs)</b> Crafts, games, swimming, gym, songs and other activities or trips.</li> </ul>	Ages: 3 year(s) - 13 year(s)

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<b>YWCA Hamilton Ottawa Street Branch Employment Resource Centre Friends for Success Program</b>	75 MacNab St South Hamilton, ON L8P 3C1	Friends for Success is a program of YWCA Hamilton. It provides free business clothing for women and men who are referred by local social service agencies and who have completed a job training program or are interview ready. Those wishing to donate new and gently used business attire - Please call to arrange an appropriate time to drop off your donations.	Ages: 18 year(s) and up Free for women and men who are referred by local social service agencies and who have completed a job training program or are interview ready.
<b>YWCA Hamilton Ottawa Street Branch Parent and Child Aquatics Program</b>	52 Ottawa St N Hamilton, ON L8H 3Y7	AQUATIC PROGRAM(S) Starfish: ages 4 mths - 18 mths: <ul style="list-style-type: none"> <li>• A water orientation and learn to swim program. Parent and child use time to develop swimming skills and socialize with others. Class size is limited. Duck: ages 19 mths to 3 yrs:</li> <li>• Second level of parent and child participation swimming lessons. Class size is limited same description as Starfish. Red Cross Swim Preschool lessons: ages 3 - 5 yrs</li> <li>• NEW 5 level preschool- learn to swim program. All levels are without parent participation. Sea Turtle, Salamander, Sunfish, Crocodile &amp; Whale. Preschool aquatic programs run for 10 weeks and are offered year round. Financial assistance is available through application.</li> </ul>	Ages: 0.25 year(s) - 5 year(s)
<b>YWCA Hamilton Ottawa Street Branch Parent and Child Drop-in</b>	52 Ottawa St N Hamilton, ON L8H 3Y7	Programs include: * Kindergym and Kindergym Plus: Favorite songs and activities. For children who are ready to burn off some energy. Children will explore the gymnastics equipment, bounce on the trampoline and kick soccer balls, all in this active program.	Ages: 0.25 year(s) - 3 year(s)
<b>YWCA Hamilton Ottawa Street Branch Seniors Active Living Centre</b>	52 Ottawa St N Hamilton, ON L8H 3Y7	The Ottawa Street Seniors Centre strives to provide affordable, quality programs and services for seniors in a warm and friendly atmosphere that encourages active living. Programs include land and water fitness classes, dancing and a variety of leisure activities.	Ages: 55 year(s) and up

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<b>ORGANIZATION</b>	<b>ADDRESS</b>	<b>DESCRIPTION</b>	<b>ELIGIBILITY</b>
<b>YWCA Hamilton Ottawa Street Branch Seniors Active Living Centre Income Tax Clinic</b>	66 Ottawa St N Hamilton, ON L8H 3Y7	NOTE: THIS PROGRAM ONLY RUNS DURING THE TAX SEASON - CHECK DATES FIELD FOR APPLICATION DEADLINE! An income tax clinic for seniors on low income.	Seniors and other limited income. Single Persons under \$25,000 and couples or families under \$30,000.
<b>Today's Family Adventure Camp - Delta United</b>	Delta United Church 47 Ottawa St S Hamilton, ON L8K 2C9	The camp offers a variety of activities including arts and crafts, music and drama, organized games, daily excursions and weekly field trips. For other locations please contact our Camp Coordinator. Integration of special needs children for summer camps may be accommodated and will be reviewed on an individual basis.	
<b>Honey Bears Co-operative Preschool of Hamilton</b>	Delta Secondary School 1284 Main St E Hamilton, ON L8K 1B2	This centre strives to offer a stimulating program that is a great preparation for furthering a child's education.	
<b>Centre Day Care</b>	331 Strathearne Ave Hamilton ON L8H 5K9		
<b>Sir Winston Churchill Children's Centre</b>	Sir Winston Churchill Secondary School 1715 Main St E Hamilton, ON L8H 1E3	This centre is now closed. Jan 13, 2006 Part of our "Artist at the Centre" program involves having an artist at the centre 2 days a week. An art exhibit is held at the Hamilton Art Gallery in the spring.	
<b>YMCA School Age Child Care - W H Ballard School</b>	W H Ballard School 801 Dunsmure Rd Hamilton, ON L8H 1H9	Care for the kindergarten age children is only for before the morning kindergarten program starts or after the afternoon kindergarten program ends at school, and does not cover anything in between.	
<b>Garside Day Care Centre</b>	Garside Bible Church 47 Garside Ave N Hamilton, ON L8H 4W1		
<b>Lucky Day Nursery</b>	120 Crosthwaite Ave N Hamilton, ON L8H 4V5		

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<b>YWCA Hamilton - Ottawa Street - Kinderclass</b>	YWCA of Hamilton - Ottawa Branch 52 Ottawa St N Hamilton, ON L8H 3Y7	This centre offers School Age Extended Camp Care (6-12 yrs) for PA Days, Xmas Break, March Break and Summer. It is for the beginning & the end of the day. Families in receipt of this Extended Camp Care program would be participating in one of the YWCA day camp programs.	
<b>Early Learning and Care Centre, Hamilton East Kiwaniis Boys' and Girls' Club</b>	Hamilton East Kiwaniis Boys' and Girls' Club 45 Ellis Ave Hamilton, ON L8H 4L8	We offer Universal Preschool, September to June, free of cost for children ages 2.8 yrs to 3.8 yrs in the Queen Mary and Holy Family School catchment areas.	
<b>Holy Family Early Learning and Care Centre</b>	Holy Family School 190 Britannia Ave Hamilton, ON L8H 1X5	This program also offers full day and part day care to preschool children who are not attending kindergarten.	

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