Community Profiles

Flamborough

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1.0 INTRODUCTION

These Community Profiles have been developed to aid in understanding the unique social characteristics important to, yet distinct about, each community within the City of Hamilton. This series of reports will look at a number of demographic variables across each community within the City of Hamilton. This edition focuses on the Community of Flamborough. The information provided can be used by community members to identify actions that might be taken to respond to changing conditions and to continue to improve city life.

On January 1, 2001, the six municipalities of the Hamilton-Wentworth Region (Ancaster, Dundas, Flamborough, Glanbrook, Hamilton, and Stoney Creek) were amalgamated into the new City of Hamilton. The former municipalities continue to hold their unique character, population and geography and are now official Communities within the City of Hamilton. The City of Hamilton now has a population of over 504,000 people, and covers a vast and diverse geographical area – from rural Flamborough to the urban centre of the former municipality of Hamilton. There is also diversity among the people who live in the City of Hamilton. A growing population, increased immigration, growing numbers of seniors and a range of incomes – from rich to very poor characterize some of the differences that exist across the new city.

(For clarity, in this report the entire City of Hamilton will always be referred by its full name. References to Hamilton will indicate the former municipality of Hamilton, now officially the Community of Hamilton within the City of Hamilton. Please see the front cover for the boundaries of all the communities within the City of Hamilton.)

The information in this report is presented in five sections. In the first section, the selected characteristics of Flamborough are reviewed and illustrated with charts and maps. The second section presents information about the changing labour force characteristics in the entire City of Hamilton, including Flamborough. The fourth section provides information about food security issues in the City of Hamilton, and the fifth provides information about United Way agencies and clients in Flamborough.

The information provided in Section 2.0 of this report is based primarily on the 2006 Census of Canada (Statistics Canada), with additional data from the 1996 and 2001 Censuses used as points of comparison. The boundaries in the maps are census tract boundaries used by Statistics Canada. Census tracts are small and relatively stable areas that usually have a population of 2,500 to 8,000 people. Map 1 shows the roads and landmarks in Flamborough to help readers orient themselves for the maps throughout this document. The legends for the maps are based on the values for the entire City of Hamilton, so in some cases the legends in this report display classes that are not present on the maps for Flamborough. Configuring the legends in this manner was done to allow for easy comparisons of maps between different reports in this series of Community Profiles.

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1 At the time of publication of parts of this report, Statistics Canada had not yet made available data grouped by former municipalities in the City of Hamilton. Instead, this report summarizes data from the census tracts within Flamborough (these combined census tracts have the exact same boundaries as Flamborough). However, due to rounding that Statistics Canada applies to data in each census tract, this method creates an error of approximately one half a percentage point for the data that is presented in this report, compared to the more accurate data that Statistics Canada will release at a later date.
Section 3.0 of this report addresses the changing labour force characteristics for the entire City of Hamilton with an emphasis on changes since the economic downturn that began in 2008. Data is from Statistics Canada’s most recent indicators, and the City of Hamilton.

The information in Section 4.0 is from the Ontario Association of Food Banks, Statistics Canada’s Consumer Price Index, and the City of Hamilton’s Food Access Guide.

The data presented in Section 5.0 of this report has been provided by the United Way of Burlington and Greater Hamilton. The number of clients shown includes information collected from those agencies that track clients by residence in each former municipality. Some agencies do not collect data by client location because of their unique service characteristics; as a result, some client data is not included in this report. Over the coming years, the SPRC will continue to work with the United Way and its agencies to develop client and community service databases to ensure the best possible report of service to the community supported by the United Way.

In the coming months, the Social Planning and Research Council of Hamilton will be publishing a profile of the social landscape for the entire City of Hamilton. This report will include many of the same demographic variables as found in this Community Profile, but for the entire city and with comparisons to other cities. It is our hope that these reports will complement each other.

At the end of this report, we have included an evaluation questionnaire. We encourage readers to complete this survey to help us improve future editions of this report. Respondents will be entered in a prize draw for a $50 gift certificate for Bryan Prince Bookseller in Hamilton, which will be drawn at the SPRC’s Annual General Meeting in June of 2010.

Map 1: Reference map for Community of Flamborough, City of Hamilton

Legend

- Major Landmarks
- Major Roads
- Community Boundaries
- Census Tracts
2.0 POPULATION

One in 12 City of Hamilton residents lives in Flamborough
At 39,210 persons in 2006, Flamborough is the third largest community in the City of Hamilton, with 8% of the total population.

Flamborough has been the third fastest growing Community in the City of Hamilton
The Community of Flamborough had a population of 39,210 people in 2006, an increase of 9,594 persons since 1991 (Chart 1). The average annual growth rate over the last 15 years in Flamborough has been 1.9%, higher than the average of 0.7% per year for the City of Hamilton (formerly the Hamilton-Wentworth Region) for that same period. By comparison, the average annual increase in population for the province of Ontario has been 1.3% since 1991. The growth in Flamborough over the last 15 years was especially evident from 1991-2001. From 2001-2006, the growth slowed down to 0.8% per year.

Chart 1: Population Growth, Communities with the City of Hamilton, 1991-2006

*Please note: As stated in the Introduction, all references to “Hamilton” indicate the former municipality of Hamilton, now officially the Community of Hamilton within the new City of Hamilton. The City of Hamilton will always be referred by its full name or simply “city”.
**Waterdown is centre of growth in Flamborough**

Map 2 shows that growth is not evenly spread across Flamborough. As is the case with most of the suburban communities within the City of Hamilton, growth is concentrated in the more urban parts of the community, while some rural parts are experiencing population declines. In Flamborough’s case, Waterdown is experiencing the highest growth. The Highway 5 area (location A) had a 9% growth and the northern part of Waterdown (location B) had a 7% growth rate (for a combined increase of 661 persons) between 2001 and 2006. The growth in the Waterdown area can be attributed in large part to the high rate of construction of new homes in these areas. In contrast, there was a decrease in population in the rural western area of Flamborough near Rockton (location C), which saw a 6% drop or 254 fewer persons between 2001 and 2006.

**Map 2: Population Change in Flamborough, 2001-2006**

---

<table>
<thead>
<tr>
<th>Legend</th>
<th>% change in population in each census tract</th>
</tr>
</thead>
<tbody>
<tr>
<td>✷</td>
<td>+25.0% to +85.0%</td>
</tr>
<tr>
<td>✶</td>
<td>+10.0% to +24.9%</td>
</tr>
<tr>
<td>◆</td>
<td>0.0 to +9.9%</td>
</tr>
<tr>
<td>▼</td>
<td>-5.0% to -0.1%</td>
</tr>
<tr>
<td>▼▼▼</td>
<td>-10.0% to -5.1%</td>
</tr>
</tbody>
</table>

Increase or decrease in the number of people in each census tract:
- ✷: 1000 to 3264
- ✶: 250 to 999
- ◆: 0 to 249
- ▼: -250 to -1
- ▼▼▼: -1156 to -251

Letters indicate locations discussed in the text.
2.1 Children and Youth

Children are more than one fifth of Flamborough’s population

In 2006, there were 8,170 children aged 0-14 years of age in Flamborough (Chart 2), which represents 20% of Flamborough’s population. The proportion of children in Flamborough is the highest of all the communities within the City of Hamilton, but is still only slightly higher than the overall average for the City of Hamilton (18%).

Chart 2: Children and Youth, Communities within City of Hamilton, 2006

Flamborough’s population of young children is decreasing

A factor in the reduction of growth in Flamborough from 2001-2006 is the fact that there has been a decrease of 400 young children (0-4) in this period, which is a 15% decline (Chart 3) above the average decrease for this age group in the City of Hamilton. This decrease in young children in Flamborough is likely caused by fewer families with young children moving to Flamborough and a decline in the number of children born to current Flamborough residents, among other factors.
Flamborough tied for first place in family size
The average family in Flamborough has 1.3 children living at home in 2006, a number which has been stable since 1996 (Chart 4). This is tied with Ancaster for the largest number of children in the City of Hamilton.
**Children are a large proportion of residents in Waterdown**

The greatest proportion of children in Flamborough is found in the northwestern census tract of Waterdown (location D on Map 3) where 28% of residents (or 1505 children) were under 15 years of age in 2006. The rural area in central Flamborough (location E) has the lowest number of children (575 children under 15), and the percentage of children in this area is lower than the average for the entire City of Hamilton (15% vs. 18%).

**Map 3: Children 0-14 years of age in Flamborough, 2006**
2.2 Seniors

Flamborough has the lowest concentration of seniors in the City of Hamilton

In 2006, there were 4,490 persons age 65 and over living in Flamborough (Chart 5) – 2,170 men and 2,320 women. This represents 12% of the population, the lowest percentage of all the communities within the City of Hamilton. Overall, the City of Hamilton is composed of 15% seniors.

Chart 5: Older Adults, Communities within City of Hamilton, 2006

Rural Flamborough has higher concentrations of seniors

Map 4 shows that the distribution of seniors across Flamborough ranges from 5% of the population in the northern part of Waterdown (280 seniors in location F) to 18% of the population in the central rural part of Flamborough (695 seniors in location G).
Senior population is increasing in all age groups
Between 2001 and 2006 all age groups of seniors increased in population (Chart 3). The oldest age group grew the fastest increasing by 54% (135 additional persons for a total of 395 persons over age 85 in 2006), which is more than twice the average growth for all age groups in Flamborough for that same period (25%). The other senior age groups also increased in population, but at a slower rate.

Evidence that seniors population will continue to grow, perhaps even more rapidly
The breakdown of Flamborough older adults (Chart 5) shows that the senior population is set to continue to grow substantially as there are high numbers of persons aged 60-65 living in Flamborough in 2006 (2,085, versus 1,405 seniors aged 65-69 years). Some of these people may move away from Flamborough as they grow older, but the current growth rate of seniors suggests many will stay within the area.

Proportion of seniors living alone is decreasing
Seniors living alone generally have less access to support if they face illness or disability compared to seniors living with a spouse, with family or in institutional care\(^2\). In Flamborough, the percentage of seniors living alone has been steadily decreasing in the 1996-2006 period (from 19% to 17%, see Chart 6). Due to a rising population during that same period, however, the number of seniors living alone increased by 29% to 750. Flamborough was tied with Ancaster for the lowest percentage of seniors living alone in 2006.

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Chart 6: Seniors living alone, Communities within City of Hamilton, 1996-2006

<table>
<thead>
<tr>
<th>Community</th>
<th>1996</th>
<th>2001</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ancaster</td>
<td>18%</td>
<td>20%</td>
<td>17%</td>
</tr>
<tr>
<td>Dundas</td>
<td>22%</td>
<td>28%</td>
<td>21%</td>
</tr>
<tr>
<td>Flamborough</td>
<td>19%</td>
<td>18%</td>
<td>17%</td>
</tr>
<tr>
<td>Glenbrook</td>
<td>13%</td>
<td>20%</td>
<td>19%</td>
</tr>
<tr>
<td>Hamilton</td>
<td>30%</td>
<td>32%</td>
<td>29%</td>
</tr>
<tr>
<td>Stoney Creek</td>
<td>21%</td>
<td>21%</td>
<td>21%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year</th>
<th>Number of seniors living alone</th>
</tr>
</thead>
<tbody>
<tr>
<td>1996</td>
<td>500, 875, 615, 165, 14,845, 1,285</td>
</tr>
<tr>
<td>2001</td>
<td>670, 990, 660, 390, 14,940, 1,450</td>
</tr>
<tr>
<td>2006</td>
<td>800, 955, 750, 540, 14,885, 1,730</td>
</tr>
</tbody>
</table>

Social Planning and Research Council of Hamilton, 2008
2.3 Female Lone Parents

Flamborough’s percentage of single moms is stable
Female lone parent-led families have traditionally reported a disproportionately high rate of poverty, reflecting the challenge of running a household and raising kids with a single income. The particular challenges that women face in the labour market has also meant that single moms are more likely to live on a low income than single dads. In 2006, Flamborough’s proportion of families led by single moms (7%) was the second lowest in Hamilton, and has been relatively stable since 1996 (Chart 7).

Chart 7: Families led by Female Lone Parents, Communities within the City of Hamilton, 1996-2006

Female lone parents concentrated in Waterdown
The concentration of female lone parent-led families is highest in the north Waterdown area, approaching 10% there (location G on Map 5). The central area of Flamborough (location H) has the smallest proportion of families led by single moms in Flamborough at just under 5% of families.
Map 5: Female Lone Parents in Flamborough, 2006

Legend
Number of families led by female lone parents
- 0 - 125
- 126 - 250
- 251 - 350
- 351 - 510

Female lone parent-led families as a % of total families
- 0 - 8%
- 8.1% - 14%
- 14.1% - 19%
- 19.1% - 25%
- 25.1% - 32%

Letters indicate locations discussed in the text.
2.4 Immigrants and Visible Minorities

The proportion of Flamborough’s population born outside of Canada is in decline
Flamborough has the lowest percentage of immigrants of any of the communities in the City of Hamilton. Immigrants made up just under 14% of Flamborough’s population in 2006, down from 15% in 1996 (Chart 8). There has been an increase in the actual number of immigrants living in Flamborough during this time period (from 5,185 in 1996 to 5,315 in 2006), but this increase is not keeping pace with Flamborough’s general population increase, which explains the decline in the immigrant percentage. The top three regions of birth of Flamborough’s immigrants are Northern Europe, Western Europe and Southern Europe.

Chart 8: Immigrants, Communities within the City of Hamilton, 1996-2006

Flamborough has lowest percentage of recent immigrants in its population
Recent immigrants are defined by Statistics Canada as arriving in Canada in the previous five years of any given census year. Recent immigrants can be a population with high needs, as they are less familiar with the community services and supports available, and often face language and labour market barriers. Similar to its rankings with the general immigrant population, Flamborough’s population has the lowest proportion of recent immigrants (sitting at 0.9%, see Chart 9). In 2006, there were 330 recent immigrants living in Flamborough. The top three regions of birth of recent immigrants in Flamborough in the 2006 census were Eastern Asia, Northern Europe and Eastern Europe.
Recent immigrants concentrated in south east area of Flamborough

The share of the population composed of recent immigrants is very low in all areas except the easternmost tip of Flamborough east of Centre Road (location I on Map 6). The census tracts apart from this one all have fewer than 1% recent immigrants, with most having fewer than 20 individuals. In contrast, more than 2% of the population in the census tract east of Centre Road is composed of immigrants, which represents over 150 individuals.

Map 6: Recent Immigrants (arriving in Canada between 2001 and 2006) in Flamborough
Visible minority population has doubled

Flamborough’s proportion of visible minorities is tied with Glanbrook for the lowest percentage of all the communities (3% in 2006) in the City of Hamilton (Chart 10). The visible minority population has more than doubled in Flamborough, going from 510 in 1996 to 1,205 in 2006. In Flamborough, South Asian and Black are the largest visible minority groups, accounting for almost half of the visible minority population (Chart 11).

Chart 10: Visible Minorities, Communities within the City of Hamilton, 1996-2006

<table>
<thead>
<tr>
<th></th>
<th>1996</th>
<th>2001</th>
<th>2006</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ancaster</td>
<td>6%</td>
<td>5%</td>
<td>2%</td>
</tr>
<tr>
<td>Dundas</td>
<td>7%</td>
<td>6%</td>
<td>2%</td>
</tr>
<tr>
<td>Flamborough</td>
<td>2%</td>
<td>1%</td>
<td>3%</td>
</tr>
<tr>
<td>Glanbrook</td>
<td>1%</td>
<td>1%</td>
<td>3%</td>
</tr>
<tr>
<td>Hamilton</td>
<td>11%</td>
<td>14%</td>
<td>17%</td>
</tr>
<tr>
<td>Stoney Creek</td>
<td>5%</td>
<td>6%</td>
<td>9%</td>
</tr>
<tr>
<td>Ancaster</td>
<td>1,320</td>
<td>1,015</td>
<td>510</td>
</tr>
<tr>
<td>Dundas</td>
<td>1,850</td>
<td>1,330</td>
<td>845</td>
</tr>
<tr>
<td>Flamborough</td>
<td>3,320</td>
<td>1,365</td>
<td>1,205</td>
</tr>
<tr>
<td>Glanbrook</td>
<td>105</td>
<td>105</td>
<td>510</td>
</tr>
<tr>
<td>Hamilton</td>
<td>35,720</td>
<td>44,825</td>
<td>54,895</td>
</tr>
<tr>
<td>Stoney Creek</td>
<td>2,765</td>
<td>3,655</td>
<td>5,690</td>
</tr>
</tbody>
</table>

Chart 11: Visible Minority Groups, Flamborough, 2006

- South Asian: 33%
- Black: 14%
- Latin American: 12%
- Chinese: 11%
- Korean: 8%
- Other: 22%
2.5 Incomes and Poverty

Flamborough’s median income is the second highest in the City at over $33,000.

Median income is the point at which half the population earns more and half the population earns less. It is a better measure than average income, as it is not inflated by a few residents earning 10 or 20 times what others in the area earn. The median income in Flamborough (over $33,000, see Chart 12) makes it the community with the second highest median income in the City of Hamilton, after Ancaster (which is over $37,000).

Chart 12: Median Individual Income (aged 15 and over), Communities within the City of Hamilton, 1996-2006

The following section of the Community Profile considers the level of poverty in the City of Hamilton based on the most commonly reported measure – Statistics Canada’s Low Income Cut-Off (LICO). The LICO measure is a relative measure of poverty introduced in Canada in 1968. When researchers or the media refers to “poverty lines” or “incidence of low-income”, they are generally referring to the LICO measure.

The LICO considers the average cost of basic necessities (including housing, food, and clothing) for different sized households in different sized communities. The measure then adds an additional 20% to determine the low-income cut-off for the specific group. A Statistics Canada survey of family expenditure in 1992 determined that the average Canadian family spent about 35% of its income on food, clothing and shelter. Statistics Canada concluded that a family that spent significantly more (i.e., 20 percentage points more) of its income on essentials was living in straitened circumstances. As a result, it has adopted 55 per cent of income as the cutoff point: families that spent more than 55% of their income on essentials would have little or no income left to spend on transportation, health, personal care, education, household operation, recreation, insurance and other unexpected expenses.³

Table 1 shows the LICO for the City of Hamilton. Please note that the LICO presented here represents before tax household incomes. The data presented were collected during the 2006 census and represent 2005 household incomes.

<table>
<thead>
<tr>
<th>Family Size:</th>
<th>Low-Income Cut-Off</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 person</td>
<td>$20,778</td>
</tr>
<tr>
<td>2 person</td>
<td>$25,867</td>
</tr>
<tr>
<td>3 person</td>
<td>$31,801</td>
</tr>
<tr>
<td>4 person</td>
<td>$38,610</td>
</tr>
<tr>
<td>5 person</td>
<td>$43,791</td>
</tr>
<tr>
<td>6 person</td>
<td>$49,389</td>
</tr>
<tr>
<td>7+ person</td>
<td>$54,987</td>
</tr>
</tbody>
</table>

Flamborough’s poverty rate is decreasing

Flamborough’s low income rate has decreased in the 1996-2006 going from 7% to 5%. This is a similar trend seen in most other communities within the city (Chart 13). Between 1996 and 2006 there has also been a 13% drop in the number of persons under the poverty line (from 2,400 to 2,097). The 2001 to 2006 period, however, saw a small increase in the poverty rate in Flamborough (from 4% to 5%). In 2006, the poverty rate for young children in Flamborough (8%, see Chart 14) was much higher than the rate for seniors or for the general population (both standing at 5%).

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4 Statistics Canada varies its LICO calculation based on population size and density parameters for five different community sizes which they define and identify. Their definitions of urban and rural communities are different than municipal boundaries. The values in the table above are for an urban area with a population of 500,000 or more. For detailed information, please see this Statistics Canada document:  
http://www.statcan.ca/english/research/75F0002MIE/75F0002MIE2006004.pdf
Chart 13: Poverty Rates (before tax), Communities within the City of Hamilton, 1996-2006

<table>
<thead>
<tr>
<th>Year</th>
<th>Ancaster</th>
<th>Dundas</th>
<th>Flamborough</th>
<th>Glanbrook</th>
<th>Hamilton</th>
<th>Stoney Creek</th>
</tr>
</thead>
<tbody>
<tr>
<td>1996</td>
<td>5%</td>
<td>11%</td>
<td>7%</td>
<td>7%</td>
<td>28%</td>
<td>13%</td>
</tr>
<tr>
<td>2001</td>
<td>5%</td>
<td>11%</td>
<td>4%</td>
<td>6%</td>
<td>25%</td>
<td>11%</td>
</tr>
<tr>
<td>2006</td>
<td>6%</td>
<td>11%</td>
<td>5%</td>
<td>5%</td>
<td>23%</td>
<td>11%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year</th>
<th>All persons living in private households</th>
<th>Children 0-6 years of age</th>
<th>Seniors (65 and over)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1996</td>
<td>1,160</td>
<td>117</td>
<td>173</td>
</tr>
<tr>
<td>2001</td>
<td>1,350</td>
<td>120</td>
<td>207</td>
</tr>
<tr>
<td>2006</td>
<td>2,094</td>
<td>220</td>
<td>105</td>
</tr>
</tbody>
</table>

Chart 14: Poverty Rates (before tax) for selected groups, Communities within the City of Hamilton, 2006

<table>
<thead>
<tr>
<th>Year</th>
<th>All persons living in private households</th>
<th>Children 0-6 years of age</th>
<th>Seniors (65 and over)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1996</td>
<td>6%</td>
<td>5%</td>
<td>4%</td>
</tr>
<tr>
<td>2001</td>
<td>5%</td>
<td>9%</td>
<td>8%</td>
</tr>
<tr>
<td>2006</td>
<td>4%</td>
<td>11%</td>
<td>5%</td>
</tr>
</tbody>
</table>
Higher poverty rates in some urban and some rural parts of Flamborough

Map 7 shows that the largest number of people living under the poverty line is in the southeast area east of Centre road (almost 600 persons in the location identified by the letter J). But in terms of proportion of the population, this area is tied with the largely rural census tract in the middle of Flamborough that includes Freelton (location K) where 9% of the population lives below the poverty line. The part of Flamborough bordering Ancaster which includes Linden (location L) has the lowest poverty rate at just 1% of the population.

Map 7: Poverty (Before Tax) in Flamborough, 2006
3.0 LABOUR FORCE

3.1 Changing Labour Force Characteristics

The City of Hamilton has a labour force in flux; the economic downturn has hit the city and local industry particularly hard, and 2009 saw the downsizing and/or closure of a number of manufacturing operations, leading to a drastic increase in the number of unemployed persons, number of Employment Insurance beneficiaries, and number of Ontario Works cases.

Increasing unemployment in the City of Hamilton

The City of Hamilton has seen a 67% increase in unemployed individuals from 2008 to 2009, and a 110% increase from 2006 to 2009. The number of people employed shrank by 4,900, although the total number of individuals participating in the work force has increased 1.6% from 2008 to 2009.

Chart 15: Unadjusted labour force characteristics for the City of Hamilton, 2006, 2008 and 2009

<table>
<thead>
<tr>
<th>Year</th>
<th>Participating in Workforce</th>
<th>Employed</th>
<th>Unemployed</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>326,400</td>
<td>246,400</td>
<td>17,300</td>
</tr>
<tr>
<td>2008</td>
<td>338,500</td>
<td>379,600</td>
<td>21,700</td>
</tr>
<tr>
<td>2009</td>
<td>344,100</td>
<td>374,700</td>
<td>36,300</td>
</tr>
</tbody>
</table>
The City of Hamilton has seen an increase in the number of EI beneficiaries

The number of people receiving Employment Insurance has risen sharply since 2008. From January 2008 to August 2009, Employment Insurance beneficiaries in the City of Hamilton increased by 4,390 people, or 45%.

Chart 16: Employment Insurance Beneficiaries, City of Hamilton, 2006-2009

![Chart 16: Employment Insurance Beneficiaries, City of Hamilton, 2006-2009](chart16.png)

OW Caseload numbers in the City of Hamilton are rising

The number of Ontario Works caseloads in the City of Hamilton has also seen an increase over the past twelve months: from September 2008 to September 2009, the number of caseloads has risen by 28%. This trend is expected to continue into 2010, especially as Employment Insurance (EI) applications increase and people require emergency supplemental income while waiting for their first EI payments, or as EI benefits expire and individuals are still in need of income support. In addition to a rising number of caseloads, the City of Hamilton reports that fewer people are leaving the caseload for employment or other reasons.⁵

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⁵ City of Hamilton. Community Services Department, Employment and Income Support Division. June 2, 2009 Implementation of Phase 2 Ontario Works Caseload Contingency Plan (CS09021(a)) (City Wide). Available online at: http://www.myhamilton.ca/NR/rdonlyres/6B0367B7-11F1-41F0-BFDC-B6978E4506DC/0/Jun17Item84CS09021aREPORTImplementationOWContingencyPlan.pdf

Community Profile: FLAMBOROUGH
Social Planning and Research Council on Hamilton – November 2009
Chart 17: Ontario Works Caseloads, City of Hamilton 2007-2009

Data courtesy of the City of Hamilton’s Community Wellness Indicators. Available online at: http://www.myhamilton.ca/NR/rdonlyres/17F5D3A4-E0AB-423F-8D2A-22E3AA603C1A/0/HCWSep01.pdf
4.0 FOOD SECURITY

The Ontario Association of Food Banks is reporting that Ontario’s food banks are increasingly stressed due to rising unemployment, high food prices, and increased demands for their services. Many food banks have experienced a decline in both financial and food donations in the past year, and existing food reserves are precariously low.⁷

Statistics Canada’s Consumer Price Index shows that the price of food has been rising significantly. A 3.8% increase in food prices from January 2008 to September 2009 combined with increased costs for shelter, household expenses, clothing and footwear, health and personal items, and a failing economy means that Canadian families are increasingly in need of social supports like food banks and meal programs.

Chart 18: Consumer Price Index, Statistics Canada 2006-2009

<table>
<thead>
<tr>
<th>Year</th>
<th>Food</th>
<th>Shelter</th>
<th>Household</th>
<th>Clothing and footwear</th>
<th>Transportation</th>
<th>Health and personal</th>
<th>Recreation, education, reading</th>
<th>Alcoholic beverages, tobacco products</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007</td>
<td>111.8</td>
<td>114.4</td>
<td>103.3</td>
<td>93.5</td>
<td>117.2</td>
<td>107.3</td>
<td>101.0</td>
<td>129.8</td>
</tr>
<tr>
<td>2008</td>
<td>116.0</td>
<td>118.4</td>
<td>105.0</td>
<td>92.2</td>
<td>119.6</td>
<td>109.2</td>
<td>101.6</td>
<td>131.7</td>
</tr>
<tr>
<td>September 2009</td>
<td>120.4</td>
<td>120.9</td>
<td>107.9</td>
<td>94.9</td>
<td>113.6</td>
<td>113.7</td>
<td>105.0</td>
<td>131.3</td>
</tr>
</tbody>
</table>

### 4.1 Food Access Sites in Flamborough

| **Flamborough Food Bank**  
| 1432 Centre Rd., Carlisle, ON L0R 1H1  
| Phone: (905) 690-1036  
| Wed, 1-3:00 PM, 7-8:30 PM | Please call to arrange food donations and for information about eligibility.  
| | Clients must be registered and provide two pieces of identification, one with photo ID. |

| **Flamborough Red Cross – Congregate Dining**  
| St. James United Church  
| 300 Wilson St. East, Flamborough, ON L9G 2B9  
| Phone: (905) 689-0732 | |

| **Flamborough Red Cross**  
| 297 Dundas St. East, Waterdown, ON L0R 2H0 | |

| **Meals on Wheels**  
| Mon-Fri, 11:30AM – 12:30 PM  
| Phone: (905) 689-6638 | Hot and frozen meals available. The Red Cross program also transports individuals on social assistance to the food bank in Carlisle.  
| | $5.25 per meal. Transportation cost depends on distance. |

| **Volunteer Assisted Transportation**  
| Mon-Fri, 9:00AM – 4:30 PM  
| Phone: (905) 689-0732 | A volunteer using his/her own vehicle takes clients to the grocery store or medical appointments one-on-one as necessary. The Red Cross program also transports individuals on social assistance to the food bank in Carlisle.  
| | Call for cost. Not wheelchair accessible. |

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8 All information about food access sites was collected from the City of Hamilton’s 2009 Food Access Guide, which is a comprehensive listing of places in the City of Hamilton where free or low cost food or meals are available. Electronic copies can be found at the City of Hamilton website: [http://www.myhamilton.ca/myhamilton/CityandGovernment/HealthandSocialServices/TopicsAtoZ/#F](http://www.myhamilton.ca/myhamilton/CityandGovernment/HealthandSocialServices/TopicsAtoZ/#F)
Map 8: Locations of Food Access Sites in Flamborough, 2009

Legend
- Star: Food Access Sites
- Red: Highways
- Light Gray: Major Roads
- Green: Flamborough Boundaries

Flamborough Food Bank
Flamborough Red Cross - Congregate Dining
Flamborough Red Cross - Meals on Wheels and Volunteer Assisted Transportation

Social Planning and Research Council of Hamilton, 2009
5.0 UNITED WAY AGENCIES

5.1 Who is served by the United Way in Flamborough?

In 2007 over 4,663* individuals and families from the Flamborough community accessed United Way funded services.

5.2 Some examples of United Way funded services and programs accessed by Flamborough residents

Children & Youth accessed recreational and day camp programs, counselling supports, matching and mentoring. Agencies that provided these services include:

- Alternatives for Youth
- Big Brothers Big Sisters
- Catholic Youth Organization
- Community Living Hamilton
- YMCA Hamilton/Burlington
- YWCA of Hamilton

Families accessed counselling and practical support programs. Agencies that provided these services include:

- Dundas Community Services
- Hamilton Jewish Social Services
Individuals accessed health supports; information and referral services; literacy and basic skills; volunteer opportunities; services for those in conflict or at risk of conflict with the law; counselling; education & awareness on violence and sexual assault; women transitional housing; adult health fitness and recreation. Agencies that provided these services include:

- Community Information Hamilton
- Dundas Community Services
- Elizabeth Fry Society
- Hamilton & District Ostomy Association
- Hamilton Literacy Council
- John Howard Society
- Multiple Sclerosis Society
- Sexual Assault Centre of Hamilton and Area
- Volunteer Hamilton
- YWCA of Hamilton

Seniors accessed programs and services that allow them to continue to live independently, i.e. meals on wheels, homemaking, friendly visiting, telephone care, transportation, case management, hearing impairment, home health care equipment, dog therapy visits to long term care and retirement homes, vision loss, and information & referral. Agencies that provided these services include:

- Canadian Hearing Society
- CNIB (Canadian National Institute for the Blind)
- Canadian Red Cross Society
- Dundas Community Services
- St. John Ambulance
- St. Joseph’s Villa Day Program
- VON Hamilton
- Wesley Urban Ministries

*The numbers above include information collected by the United Way from those agencies that continue to track clients that reside in the former municipalities.*
6.0 SUMMARY

This overview of key census indicators indicates that Flamborough faces multiple challenges and opportunities. An aging population is one trend that is constant in all parts of the City of Hamilton, including Flamborough, where there are higher growth rates of the seniors’ age population than of children’s population. But the Flamborough population is still relatively young, with the highest proportion of children and the lowest proportion of seniors in the City of Hamilton. Yet there was a larger percentage drop in the number of youngest children from 2001-2006 than in any other community.

On the immigration side, Flamborough has the lowest proportion of immigrants in Hamilton, at 14%. While the number of recent immigrants is still very low at 330 in 2006, the number is almost three times what it was in 2001.

These trends are combining to make Flamborough among the faster growing communities in the City of Hamilton with an average growth of almost 2% per year, higher than the Ontario average (1.3%). Flamborough is currently the third largest community with over 38,000 residents. Most of the growth is concentrated in the Waterdown area, where new homes are being built at a rapid pace.

Flamborough continues to be among the wealthier communities in the city, with its median income of just over $33,000 in second place after Ancaster. As a result, its poverty rate is quite low at 5%, although a significant number of people – over 2,000 in 2006 – are still living on incomes below the poverty line. The child poverty rate is higher than the general population at 7%.

In order to respond to the community conditions outlined in this report, the United Way has established that its priorities for investment in the City of Hamilton are Poverty Prevention (children, youth and families), Strengthening Neighbourhoods (children, youth, families and individuals) and Supporting Seniors. In addition the United Way asks that submissions for funding consider how the unique challenges of women, visible minorities, recent immigrants and aboriginal groups can be addressed. In Section B, we have given a glimpse into the United Way’s system of service and the number of Flamborough residents that are served by a United Way funded program. The United Way’s priorities are reflected in the services and programs funded in Flamborough, and are an important part of the community’s response to the challenges and opportunities that Flamborough faces.

This picture of Flamborough only shows part of the issues facing this community, and further investigations are necessary to identify and understand more clearly the reasons behind some of these trends. But it is hoped that this profile can be used a starting point for planning purposes by social service agencies, community groups and citizens.
EVALUATION QUESTIONNAIRE

1. Did you find information clear and easily understandable?
   Very clear  Mostly clear  Somewhat clear  Not clear

2. Were there any difficulties in understanding definitions, charts, maps, in this report?

3. How did you use this report?  (Circle all that apply)
   Personal use  General background reading for work  Quoted data, maps or charts for presentation/program/proposal  This information will help guide my organization’s response to community conditions

4. What other information were you looking for but didn’t find in this report? What other data, maps, graphs, analysis of demographic conditions would have been useful to you in this report?

5. How would you rate this report?
   Excellent  Very Good  Good  Satisfactory  Unsatisfactory

Please return it by fax to: 905-522-9124
Or by mail to:
Social Planning and Research Council of Hamilton
162 King William St. Suite 103, Hamilton, ON  L8R 3N9

Respondents who return this survey by February 2, 2009 will be entered in a prize draw for a $50 gift certificate for Bryan Prince Bookseller in Hamilton. If you would like to be entered in our prize draw, please enter your contact information:

Name: _________________________________ Email or Phone: _______________________

Thank you for completing this survey!