

# Hamilton Mountain Action on Poverty Profile

Provincial  
Riding  
Profiles

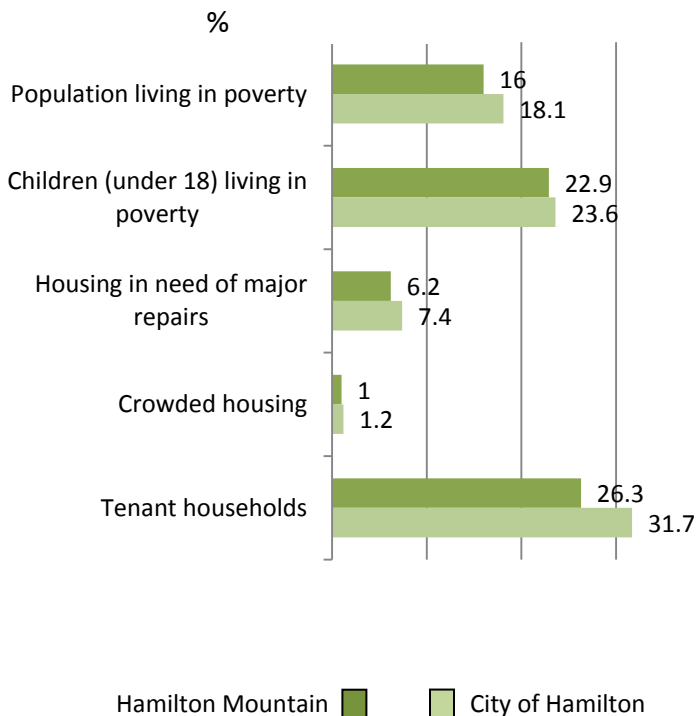


## Story Behind the Stats

Hamilton Mountain is comprised of most of the upper part of the former city of Hamilton (above the Escarpment). To the east, it is bounded by Mountain Brow Boulevard, and to the west it ends at West 5<sup>th</sup>, north of the Lincoln Alexander Parkway. The electric transmission lines along the border with Ancaster, Glanbrook and upper Stoney Creek delineate the southernmost parts of the riding.

There is a high proportion of senior households in this riding and many housing types, from apartment buildings to post-war bungalows, to new housing in recently built sub-divisions. Hamilton Mountain has a wide variety of neighbourhoods and mix of incomes. The poverty rate in Hamilton Mountain is 16% - only slightly lower than the average for the city as a whole.

## Key Figures



**122,725 people live in  
Hamilton Mountain**  
**19,439 live in poverty – 16%\***

**“Too many residents are still struggling to put healthy nutritious food on their table. People with limited incomes are forced to choose between necessities and not being able to provide nutritious food leaves them at higher risk for obesity and chronic disease.”**

**Dr. Ninh Tran**  
**Associate Medical Officer of Health**  
**City of Hamilton**

This “Action on Poverty” series has been coordinated by member organizations of the Social Planning Network of Ontario.

This profile includes Census data from the City of Hamilton and the Community Data Consortium and was produced by the Social Planning and Research Council of Hamilton.

\*For details on calculations and definitions, go to:

<http://www.spno.ca/images/pdf/povertyprofiles/Stats-Info.pdf>

# Taking Action in Hamilton Mountain

One of the City of Hamilton's Public Health Services' offices is located at 1447 Upper Ottawa Street on Hamilton Mountain, and serves all residents throughout the city.

Public Health provides many services that help residents with the effects poverty has on their health, such as the Community Health Bus. In addition to service provision, Public Health plays an important role in educating the public and decision-makers about the links between poverty and health through reports, such as the Nutritious Food Basket. Based on the latter's findings, the Board of Health, composed of City of Hamilton councillors, has corresponded with the Premier of Ontario and the Minister of Community and Social Services to stress the immediate need for an evidence-based mechanism for setting annual social assistance rates that will meet basic living costs - including the costs of nutritious food - and allow individuals and families to live with dignity.

This past year, Public Health has been investigating ways to increase food security among single persons who are recipients of social assistance and have the lowest incomes of all groups in Hamilton.

For more information: <http://www.hamilton.ca/HealthandSocialServices/PublicHealth>

## Social Planning and Research Council of Hamilton

The SPRC works with many community partners to reduce and eliminate poverty including the Hamilton Roundtable for Poverty Reduction, HOPE (Hamilton Organizing to Eliminate Poverty), and the Campaign for Adequate Welfare and Disability Benefits.

We are committed to working with people who have the lived experience of poverty to develop a comprehensive plan of action to eliminate poverty in Hamilton and across Ontario.

Want to get involved?

Contact us at [sprc@sprc.hamilton.on.ca](mailto:sprc@sprc.hamilton.on.ca) or 905-522-1148.

[www.sprc.hamilton.on.ca](http://www.sprc.hamilton.on.ca)

## How to Connect with your Elected Representatives on these Issues

Mayor: *Bob Bratina*, 905-546-4200, [mayor@hamilton.ca](mailto:mayor@hamilton.ca)

Member of Parliament (MP): *Chris Charlton*, 905-574-3331, [chris.charlton@parl.gc.ca](mailto:chris.charlton@parl.gc.ca)

Member of Provincial Parliament (MPP): *Monique Taylor*, 905-388-9734, [mtaylor-co@ndp.on.ca](mailto:mtaylor-co@ndp.on.ca)

City Councillors: *Scott Duval*, 905-546-2706, [Scott.Duvall@hamilton.ca](mailto:Scott.Duvall@hamilton.ca)

*Tom Jackson*, 905-546-2707, [Tom.Jackson@hamilton.ca](mailto:Tom.Jackson@hamilton.ca)

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